

FRIDAY 14 AUGUST 2026 | ISSUE 25

PERANBIN PRESS



The newsletter of Peranbin Primary College

We are three campuses working together

All campuses are child safe schools



Shotput practice at Baddaginnie

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Every day at school counts towards shaping your child's future

PRINCIPAL'S PAGE



A Great Week of Learning and Community

It has been another great week across our Peranbin, with many wonderful opportunities for learning, connection and celebration.

It was wonderful to watch the **Goulburn Valley Concert Orchestra** perform at VT this week. The orchestra played a range of tunes, and the children really enjoyed watching and listening to the talented musicians. It was a wonderful opportunity for our students to experience live music and see the joy of performance.

On Friday, it was terrific to be at Baddaginnie for some very tasty learning about fractions! The students were engaged and enthusiastic as they explored their learning in such a fun and memorable way. Ask them what we got up to!

Thursday provided another opportunity to visit and connect with the Strathbogie students. It was terrific to see the children engaged in their learning and enjoying their time together.

On Tuesday, I attended the local Network Principal Meeting, which provided a valuable opportunity to connect with colleagues, share ideas and continue our planning and professional learning.

There is plenty happening as we look ahead, with planning well underway for our upcoming events. Our **Athletic Sports are coming up on 28 August**, and we are also looking forward to celebrating **Book Week**. There is lots to look forward to, and I know these events will provide some wonderful opportunities for our students and community to come together.

Thank you to our students, staff and families for another wonderful week. It is a privilege to see the enthusiasm, learning and community spirit across our schools.

Have a great weekend,

Angela



Don't forget to check out our new look website

<https://www.peranbinpc.vic.edu.au/>

Peranbin Primary College

ATHLETICS CARNIVAL



**28
AUG**

Arrive by 9:45. First event
starts 10am.

Churchill Reserve, Benalla



Wellbeing @ Peranbin

This week's Wellbeing newsletter piece is a terrific flyer that Ms Ringin shared with me. It has some interesting ideas around children and their routines, and how these routines impact on their mental health. Thanks for sharing Ms Ringin!

Ange W, Wellbeing Leader

WHY ROUTINES REDUCE STRESS in CHILDREN

WHAT IS A ROUTINE?

A routine is a series of regular activities that usually happen in the same order.

Knowing what to expect helps many children feel calmer. Predictable routines help children feel safe, prepared and ready to learn.



HOW ROUTINES REDUCE STRESS

CREATES SAFETY  Predictable routines help children feel safer because they know what to expect.	REDUCES WORRY  Predictability reduces uncertainty, which can help reduce worry and anxiety.	EASES TRANSITIONS  Knowing what comes before and after an activity helps children manage changes more easily.	SUPPORTS SELF-REGULATION  Consistent routines support children's developing ability to manage their emotions, behaviour and impulses.	SUPPORTS INDEPENDENCE  When children know the steps in a routine, they gradually need fewer reminders and can do more for themselves.
BUILDS CONFIDENCE  Knowing what is expected helps children feel more confident trying familiar tasks.	IMPROVES FOCUS  When children don't have to work out what comes next, they have more mental energy for learning, play and problem-solving.	STRENGTHENS CONNECTION  Shared routines create regular opportunities for connection and strengthen your relationship.	BETTER SLEEP  Predictable bedtime routines help children settle more easily and support healthy sleep.	

EXAMPLES OF HELPFUL ROUTINES

Morning routine	After school routine	Mealtime routine	Bedtime routine	Evening routine	Family traditions
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TIPS FOR SUCCESS

- Keep routines simple and realistic.
- Be consistent, but flexible when needed.
- Prepare children for changes.
- Involve your child in the routine.
- Celebrate small wins.
- Focus on connection, not perfection.

PREDICTABLE ROUTINES HELP CHILDREN FEEL CALMER, MORE SECURE AND READY TO LEARN.

BADDAGINNIE

Baddaginnie Campus
Clarendon Street
Baddaginnie 3670



Campus Manager:
Dianne Fitzpatrick

It has been a rain-filled week at Baddaginnie campus for Week 5, and our thoughts go out to our Baddaginnie, and local community who have been impacted by flooding.

This week has been brought to you by the letter Xx for Xavier, x-ray and xylophone.

In writing this week we focused on writing a persuasive text of our choosing. The 'Best Sport', and the 'Best Movie' being popular topics. Our reading focus has been about the author's purpose – why did the author write this book?

In Maths we have continued to work on fractions, decimals and times tables for fluency.

We were fortunate to have Pauline come in on the Thursday, which was a lovely catch up for the children, and a celebration of Katana's birthday!

Despite the wet conditions, we did give our new hurdles a work out on Thursday, and practised shotput, and vortex.

Have a great weekend,

Dianne, Sarah and Barb



Happy birthday Katana

Reminders:

- **Readers and spelling homework, nightly**
- **Hot lunches on Fridays**
- **Book Week is in Week 7 – dress up as a book character day – TBA**
- **Athletic Sports Day – 28th August (Week 7)**

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STRATHBOGIE

Strathbogie Campus

Main Street

Strathbogie 3666

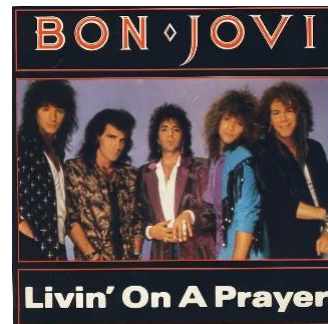


Campus Manager:

Kate Hand

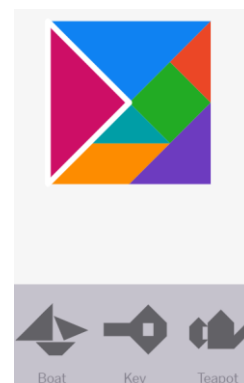
In the immortal words of Bon Jovi, “Woah, we’re halfway there”. Welcome to the end of Week 5 – the halfway mark of Term 3. The 80s were known for big hair, big shoulder pads and big boombox stereos. Excess was definitely in.

We certainly felt the effects of the excess rain with lots of talk about how muddy places were and how full dams had become. We spent recess and lunch inside due to the wet for the first 3 days of the week. To occupy our time there were spirited games of hangman, snakes and ladders and connect four played, all to the background of some fantastic 80s hits.



Tangram Mania

During Maths, with a focus on shape, we became quite obsessed with Tangram puzzles. How can 7 simple shapes cause such frustration and bring out skills of determination and the incredible feeling of success when a puzzle is solved? We were so obsessed that everyone has taken home their very own kit including a puzzle silhouette sheet. We ALL strongly recommend visiting this website <https://polypad.amplify.com/tangram> to have a go online.



Part of our learning was to investigate “shapes within shapes” such as a hexagon could be made with 2 trapeziums or 6 triangles. Clara was up to the challenge on more than one occasion to recreate a variety of shape pictures and explain the changes each time. This initial investigation proved useful when trying to solve tangram puzzles – visualising how the inside of the silhouette could be formed by different combinations.

Sena's Yummy Gift

On Wednesday we were treated to a delicious snack, made by Sena and her mum. Recess never tasted so sweet – thanks Sena and Maya for your generosity.



STRATHBOGIE

Upcoming Dates

Athletics Day is set for Friday 28th August at Churchill Reserve in Benalla. The day should be another fun day of catching up with friends from the other campuses as well as giving each event our best effort. Family and friends are invited to come along and if you would like to support your child's House, wear their colours.

BLUE House – Sena, Clara

YELLOW - Pip

Book Week is coming! We have a number of activities planned for Book Week (Week 7) with the standout celebratory activity being Dress Up Day. On **Thursday 27th August** we will look a little different from usual. Come dressed as your favourite character, author or illustrator. Bring along a copy of the book as well so that you can share it with everyone.

Soup and Toastie Lunch – Next Thursday we will be having Chicken and Corn soup and Ham and Cheese toasties for lunch. If we have any leftovers for Friday we will let you know.

We thought a winter warmer was in order.

Have a great weekend,

Vic, Barb and Kate

Reminders/Next week

Daily	15 minutes of reading, signed off in homework book (this can be using Literacy Pro – login details in back of homework book)
Mon-Thur	Spelling – complete all 6 words daily
Tuesday	MARC Van – Library with Noah Art with Sim in the afternoon
Wednesday	Travel to Violet Town for PE lesson
Friday	Spelling Test
Food Stores	Please let us know if you need some “shopping” as we have a number of items in stock eg. cereals, milk, tinned fruits, etc

VIOLET TOWN

Violet Town Campus
Tulip Street
Violet Town 3669



Campus Manager:
Monique Ringin
Business Manager:
Kimberley Amott

Violet Town News....

Wow, this week started with lots and lots and lots of rain right across our region. This provided some unique challenges with road closures and detours that impacted staff and families. It also meant we were confined indoors during our breaks but we enjoyed some games and relaxation activities and by the end of the week, we were back outside for PE sessions, football and soccer games during recess and lunch.

In our Wellbeing space this week Ms Wymond and Mila trialled a few different ways of making a lava lamp and shared some results with the Senior Class. It came to life when a light source was placed underneath it and was quite mesmerising.

Our Senior students have continued their focus on author's purpose and have been writing about natural disasters such as earthquakes and cyclones. Junior students wrote the procedure for making fairy bread and then made enough to share with the Senior students as well. For Maths we have continued to extend our knowledge and capabilities in area and fractions.

Tuesday, in Environmental Science students learnt all about soil structure and participated in some hands-on experiments with different soil types.

In Auslan we continued to practice songs for our upcoming visit to the Violet Town Bush Nursing Home next week.

Wednesday, we had Mrs Davies for Library and enjoyed the book Dawn by Marc Martin, a wonderful picture book celebrating the natural world through the lens of a sunrise.

We were privileged to have a visit and performance by the Goulburn Valley Concert Orchestra, who then let the students have a try playing a few of the instruments.

In Health with Ms Jung this week we learnt all about road safety and what we need to do to cross our roads safely. In PE Senior students were testing their endurance and speed in the 200m race, while our Junior students were learning some great line dancing moves.

Have a great weekend!

The Violet Town Team

Reminders:

- **Monday – Kid's Helpline Largest online anti-bullying lessons**
- **Tuesday – Visit to Violet Town Bush Nursing Home for our Auslan song performance with Ms Barratt**
- **Café lunch orders on Tuesday**
- **Friday lunch orders**
- **EVERYDAY running shoes - students will be doing athletics practice on various days throughout the week in preparation of our Athletics Day to be held on Friday 28th August.**
- **Wednesday 26th August – Book Week Parade – a flyer has been sent home to all families**
- **Friday 28th August – Peranbin Athletics Day – Please return your travel arrangements forms as soon as possible so that final arrangements can be made for the day**

VIOLET TOWN



Learning about soil



Line dancing



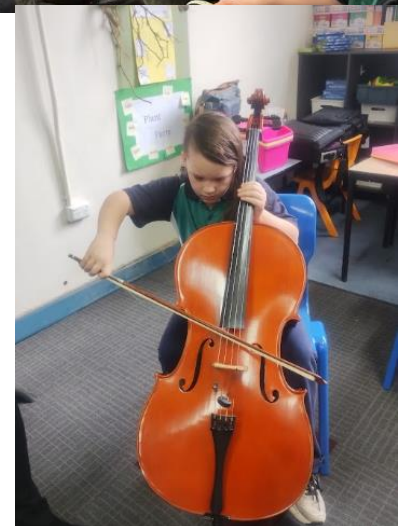
Making fairy bread



Lava lamp



GV Orchestra visit



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COMMUNITY NOTICES

2026 Spring comp!

Registrations open for
**NET SET GO, 12&U, 15&U,
WOMAN'S & MIXED COMPETITIONS**

Register via the
Netball Connect app

...or refer to the
Benalla Netball
Facebook page for
registration links!

**Starting
Tuesday,
25 August
2026**



@ CHURCHILL RESERVE

COMMUNITY NOTICES



2026 Spring Competition Information Starts Tuesday 25th August

The Benalla Netball Committee would like to share with you some proposed changes for the 2026 Spring competition. The reason for these changes is to better align with the Netball Victoria netball development program and to improve the transition of young netballers from NetSetGo into junior netball. Please feel free to speak to Committee members about this or any questions, in person or by email to benallanetball@gmail.com. Final arrangements will be dependent on registration numbers.

Group	Year of birth	Time
NET	2020, 2021	4:30pm, 30-45 min
SET	2018, 2019	4:30pm, 45-60 min
GO	2016, 2017	5:30pm *(earlier training TBC)
12 and under	2014, 2015	5:30pm *(earlier training TBC)
15 and under	2011, 2012, 2013	6:30pm
Ladies	Pre 2011	6:30pm or 7:20pm



NetSetGo has three aged-based tiers designed to help kids transition into junior netball. From catching and passing to learning how to be part of a team, each tier focuses on building confidence and skills at a pace that's right for them.

NET: introduction to the basics of netball through fun, simple activities that keep them moving and engaged.

SET: build on their movement skills and netball techniques, sessions are split between skill-building and **modified** match play.

GO: refine their netball techniques while continuing to improve their overall coordination. Teams will play a full-length (4 x 10-minute quarters) **modified** match each week.

12 and under and above: matches played as per full netball rules, but with 4 x 10-minute quarters.

*** TRAINING for GO and 12 and under – TO BE CONFIRMED.** The Committee is hoping to offer some additional time for skills development prior to 5:30pm matches on Tuesday.

What is modified match play?

Matches are played with modified rules that allow for participants to learn and refine skills while experiencing success. These rules will be used by umpires during the game and umpires will take extra time to explain the rules and calls being made. Coaches will also provide additional support from the sidelines. If you'd like more information about the modified rules, please get in touch.